

SPRING/SUMMER 2025 SEASON WE'RE LOOKING FOR FOR FOR FOR SHALL PLAYERS WHO WANT TO DEVELOP AND COMPETE!

**REGISTER TODAY!** 

PLAY DEVELOP LAUNCH









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## PROGRAM OVERVIEW

The IFSOE Development Program is the perfect starting point for young players looking to build a strong foundation in soccer. Designed for players of all skill levels, this program focuses on fundamentals, skill-building, and game awareness in a structured yet fun environment. With expert coaching, progressive training, and opportunities to play in house league games, players will develop their technical abilities, confidence, and love for the game, setting them on the path to future success.

#### **ELIGIBILITY & REQUIREMENTS**

Open to all players in the relevant age groups - U8, U10, U12, U14

**Experience:** No prior or minimum soccer experience is required

Commitment: Willingness to learn and participate consistently with a positive mindset and ready to engage in development training

#### **PROGRAM SCHEDULE**

## 1X WEEK

#### SATURDAY

Training: 3:00PM - 3:45PM Game: 4:00PM - 5:00PM

2X WEEK Additional Training Day THURSDAY

Training: 6:00PM - 7:30PM

## **FACILITIES & RESOURCES**

High-quality training grounds and an organized environment designed for player growth.

CROSBY PARK
TURF FIELD
RICHMOND HILL

#### TRAINING STRUCTURE

#### 1X WFFK

## Skill Development:

Introduction to basic passing, dribbling, and ball control through guided activities.

### Game Play Experience:

Structured scrimages to enhance decision-making and teamwork.

### League Participation:

Players get the opportunity to play in organized matches, reinforcing learned skills in a game setting.

### 2X WEEK

Players will additionally recieve the following on a second day

#### Technical Training:

Fundamentals of technique, including movement with and without the ball.

#### Agility & Coordination:

Drills using cones, ladders, and hurdles to improve footwork and mobility.

## ADDITIONAL BENEFITS





## **GAME & COMPETITION**

SATURDAY 4:00PM - 5:00PM

**CROSBY PARK** 



## REGISTRATION AND CONTACT

FINALIZE YOUR REGISTRATION AT:

Need more info? Email us at: <a href="mailto:info@ifsoe.com">info@ifsoe.com</a>

## TRAIN, PLAY & IMPROVE - JOIN IFSOE DEVELOPMENT ACADEMY TODAY!





# **BEYOND HOUSE LEAGUE!**

EXPERIENCE THE ULTIMATE FUSION OF PROFESSIONAL DEVELOPMENT COACHING & DEVELOPMENT LEAGUE



# 1x or 2x WEEK

CROSBY PARK 1X - SATURDAY- 3:00PM-5:00PM DOVE PARK OPT. 2X - THURSDAY- 6:00PM-7:30PM

#### **HOLIDAY & NON-TRAINING DAYS**

- 1. VICTORIA DAY WEEKEND
- 2. CANADA DAY WEEKEND
- 2. CIVIC HOLIDAY WEEKEND
- 3. LABOUR DAY WEEKEND

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- SATURDAY, MAY 17 MONDAY, MAY 19, 2025 • SATURDAY, JUNE 28 - TUESDAY, JULY 1, 2025
- SATURDAY, AUGUST 2 MONDAY, AUGUST 4, 2025
- SATURDAY, AUGUST 30 MONDAY, SEPTEMBER 1, 2025
- 4. THANKSGIVING WEEKEND
- SATURDAY, OCTOBER 11 MONDAY, OCTOBER 13, 2025

## **MAY 2025**

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## **JUNE 2025**

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## **JULY 2025**

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#### **AUGUST**

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## SEPTEMBER 2025

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