



# DEVELOPMENT LEAGUE

<b>U8</b> U6-U8 PLAYERS	<b>U10</b> U9-U10 PLAYERS	<b>U12</b> U11-U12 PLAYERS	<b>U14</b> U13-U14 PLAYERS
-------------------------------	---------------------------------	----------------------------------	----------------------------------

**SPRING/SUMMER  
2025 SEASON**

**WE'RE LOOKING FOR  
FOOTBALL PLAYERS  
WHO WANT TO DEVELOP AND COMPETE!**

**REGISTER TODAY!**

**PLAY | DEVELOP | LAUNCH**



**[WWW.IFSOE.COM](http://WWW.IFSOE.COM)**

# IFSOE DEVELOPMENT ACADEMY



## PROGRAM OVERVIEW

The IFSOE Development Program is the perfect starting point for young players looking to build a strong foundation in soccer. Designed for players of all skill levels, this program focuses on fundamentals, skill-building, and game awareness in a structured yet fun environment. With expert coaching, progressive training, and opportunities to play in house league games, players will develop their technical abilities, confidence, and love for the game, setting them on the path to future success.

### ELIGIBILITY & REQUIREMENTS

Open to all players in the relevant age groups - U8, U10, U12, U14

**Experience:** No prior or minimum soccer experience is required

**Commitment:** Willingness to learn and participate consistently with a positive mindset and ready to engage in development training

### PROGRAM SCHEDULE

**1X WEEK**  
**SATURDAY**

Training : 3:00PM - 3:45PM  
Game : 4:00PM - 5:00PM

**2X WEEK**  
**Additional Training Day**  
**SUNDAY**

Training : 3:00PM - 4:30PM

### FACILITIES & RESOURCES

High-quality training grounds and an organized environment designed for player growth.

CROSBY PARK  
TURF FIELD  
RICHMOND HILL

### TRAINING STRUCTURE

#### 1X WEEK

**Skill Development:**  
Introduction to basic passing, dribbling, and ball control through guided activities.

**Game Play Experience:**  
Structured scrimages to enhance decision-making and teamwork.

**League Participation:**  
Players get the opportunity to play in organized matches, reinforcing learned skills in a game setting.

#### 2X WEEK

Players will additionally receive the following on a second day

**Technical Training:**  
Fundamentals of technique, including movement with and without the ball.

**Agility & Coordination:**  
Drills using cones, ladders, and hurdles to improve footwork and mobility.

### ADDITIONAL BENEFITS



### GAME & COMPETITION

**SATURDAY**  
**4:00PM - 5:00PM**

**CROSBY PARK**



### REGISTRATION AND CONTACT

FINALIZE YOUR REGISTRATION AT:

**[WWW.IFSOE.COM](http://WWW.IFSOE.COM)**

Need more info? Email us at:

**[info@ifsoe.com](mailto:info@ifsoe.com)**

**TRAIN, PLAY & IMPROVE – JOIN IFSOE DEVELOPMENT ACADEMY TODAY!**

**IFSOE FOOTBALL PATHWAY**



**IFSOE DEVELOPMENT ACADEMY**



**IFSOE COMPETITIVE**



**IFSOE ELITE**



**U23 U23**





# DEVELOPMENT LEAGUE

**U8**  
U6-U8  
PLAYERS

**U10**  
U9-U10  
PLAYERS

**U12**  
U11-U12  
PLAYERS

**U14**  
U13-U14  
PLAYERS



## BEYOND HOUSE LEAGUE!

EXPERIENCE THE ULTIMATE FUSION OF PROFESSIONAL DEVELOPMENT COACHING & DEVELOPMENT LEAGUE

  
 PLAYER DEVELOPMENT TRAINING

  
 PLAYER RATINGS & ASSESSMENT

  
 EXPERIENCE FOOTBALL IN SPAIN TRIP

**1x or 2x WEEK**

**CROSBY PARK, RICHMOND HILL**  
 1X - SATURDAY - 3:00PM-5:00PM  
 OPT. 2X - SUNDAY - 3:00PM-4:30PM

### HOLIDAY & NON-TRAINING DAYS

1. CANADA DAY WEEKEND • SATURDAY, JUNE 28 – TUESDAY, JULY 1, 2025
2. CIVIC HOLIDAY WEEKEND • SATURDAY, AUGUST 2 – MONDAY, AUGUST 4, 2025
3. LABOUR DAY WEEKEND • SATURDAY, AUGUST 30 – MONDAY, SEPTEMBER 1, 2025
4. THANKSGIVING WEEKEND • SATURDAY, OCTOBER 11 – MONDAY, OCTOBER 13, 2025

### MAY 2025

Mo	Tu	We	Th	Fr	Sa	Su
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

### JUNE 2025

Mo	Tu	We	Th	Fr	Sa	Su
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	<del>28</del>	<del>29</del>
30						

### JULY 2025

Mo	Tu	We	Th	Fr	Sa	Su
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

### AUGUST 2025

Mo	Tu	We	Th	Fr	Sa	Su
				1	<del>2</del>	<del>3</del>
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	<del>30</del>	<del>31</del>

### SEPTEMBER 2025

Mo	Tu	We	Th	Fr	Sa	Su
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

### OCTOBER 2025

Mo	Tu	We	Th	Fr	Sa	Su
		1	2	3	4	5
6	7	8	9	10	<del>11</del>	<del>12</del>
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

Disclaimer: Training dates, times, and locations are subject to change due to weather, facility availability, or other unforeseen circumstances. Cancellations or rescheduled sessions will be communicated in advance where possible. No refunds or credits will be issued for missed sessions beyond IFSOE's control.





# 2025 SUMMER FOOTBALL PROGRAMS

## A FOCUS ON PLAYER DEVELOPMENT & GROWTH

Tailored for players of all levels, our programs focus on skill development, competitive play, and high-performance training. Whether you're building your foundation, striving for elite competition, or aiming for the next level, IFSOE provides the coaching, opportunities, and environment to help you succeed.

### IFSOE DEVELOPMENT

### IFSOE COMPETITIVE

### IFSOE ELITE

AGE GROUPS

**U8**  
6-8 YEAR OLD

**U10**  
8-10 YEAR OLD

**U12**  
11-12 YEAR OLD

**U14**  
13-14 YEAR OLD

**PRE-FORMATION**

**IFSOE U10**  
7-10 YEAR OLD

**IFSOE U12**  
11-12 YEAR OLD

**IFSOE U14**  
13-14 YEAR OLD

**FORMATION**

**IFSOE U16**  
15-16 YEAR OLD

**IFSOE U19**  
17-19 YEAR OLD

**IFSOE U14**  
13-14 YEAR OLD

**IFSOE U16**  
15-16 YEAR OLD

PROGRAM DESCRIPTION	Development Program	Competitive Program	Elite Program
PROGRAM DESCRIPTION	The IFSOE Development Program is designed for young beginner and intermediate players who want to enhance their football skills in a structured, supportive, and engaging environment. We offer two flexible training options: <b>1X PER WEEK</b> – For players who want to learn and enjoy football while balancing other activities. <b>2X PER WEEK</b> – For those looking to accelerate their development with more consistent training and playtime.	The IFSOE Competitive Program is designed for players who are ready to take their skills to the next level and compete in leagues. Unlike other programs, we emphasize both performance and development, ensuring that players not only compete but also grow into well-rounded footballers. With proven player progression, our focus is on player growth, development, and long-term success. Our competitive program is built for ambitious players who want to push their limits and maximize their potential.	The IFSOE Elite Program is the most advanced and exclusive football pathway in Canada, reserved for <b>36</b> exceptional players committed to a journey of elite training, competition, and professional development. Designed to surpass all other programs in the country, it offers world-class coaching, year-round training, fitness and physio facilities, and direct access to the U23 program in Spain, preparing players for university scholarships and professional careers.
ELIGIBILITY & REQUIREMENT	NONE	<b>TRYOUTS HAPPENING NOW</b> MARCH-APRIL 2025	<b>TRYOUTS BEGIN</b> MAY-AUGUST 2025
SEASON LENGTH	MAY - SEPTEMBER 2025	MAY - OCTOBER 2025	SEPTEMBER 2025 - AUGUST 2026
TRAINING SESSIONS	1X or 2X a week	3X a week	3X a week + fitness and physio
SESSION LENGTH	90 mins	90-120 mins	90-120 mins
TRAINING LOCATION	Richmond Hill	Richmond Hill +	Richmond Hill ++
TRAINING DAYS	Saturday and/or Sunday	T.B.D. Weekend and Weekday	T.B.D.
GAME & COMPETITION			
TRAINING KIT	✓	✓	✓
COMPETITIVE KIT PACK	-	✓ +\$	✓
PLAYER PROFILE	✓	✓	✓
PLAYER REPORT	SIMPLIFIED ✓	✓	3X ✓
PLAYER ACHIEVEMENTS	✓	✓	✓
PATHWAY & OPPORTUNITIES		✓	✓
SPAIN EXPERIENCE	✓	✓	✓
SEASON PRICE	1X a week training \$575 2X a week training \$950	\$1,575	T.B.A.

**SIGN UP TODAY**

**REGISTER FOR SUMMER SEASON**

**TRYOUTS BEGIN MAY 2025**

We make every effort to maintain a consistent schedule for our football school's training sessions, games, and events. However, please note that the schedule is subject to change at any time, with or without notice, due to unforeseen circumstances such as inclement weather, facility availability, or other factors beyond our control. We will make every effort to notify you of any changes to the schedule as soon as possible via email, phone, or other means of communication. We also reserve the right to cancel or reschedule any training session, game, or event at our discretion.